

Recovery Coach Academy

*With Authorized Trainers Denise Black, and Terri Woodruff**

May 3rd, 4th, 5th & 6th - 8:30am-4:30pm

**Graduates of Recovery Coach Academy & Training of the Trainers Program at Connecticut Community For Addiction Recovery*

**Youth Center/Bingo Hall
Passamaquoddy Road,
Pleasant Point**

What is a Recovery Coach?

Recovery coaches are individuals who may be in recovery, a friend or family member of someone in recovery, or a recovery ally. This training will provide participants with the knowledge and skills necessary to guide and mentor others through their own recovery process.

***Registration required in advance
Register online:***

<https://goo.gl/forms/ZzdkEGcT4aDIwaeG2>

***Or Contact Terri Woodruff at
terri@healthyacadia.org
or 207-255-3741***

Registration fee:

\$100 for Washington & Hancock residents

Includes workbook and 30 CEU's upon completion,

Limited Scholarships are available, call for more details!

This training is coordinated by the Washington County Substance Use Response Collaborative



For more about Recovery Coaching: <http://ccar.us/#training>



In this training participants will:

Explore Recovery Coach role and functions

Review the components, core values and guiding principles of recovery

Build skills to enhance relationships

Explore many dimensions of recovery and recovery coaching

Discover attitudes about self disclosure and sharing your story

Understand the stages of recovery

Increase their awareness of culture, power and privilege

Explore ethical and boundaries issues

Experience recovery wellness planning